

*Abstract of Doctoral Dissertation*

**Bharat mein Bachchon ke poshtik Aahar  
sambandhi Adhikaron ki Uplabdhata ka  
Adhyan in Zila Basti, Uttar Pradesh<sup>1</sup>**

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**I. Introduction**

The thesis entitled “Bharat Mein Bachchon Ke Poshtik Aahar Sambandhi Adhikaron ki Uplabdhata Ka Adhayan: Zila Basti, Uttar Pradesh, Niwasi Larkiyon Ke Vishesh Sandarbh mein” is actually an attempt to bring about the problems regarding the nutrition rights of girl child in the district Basti, U.P. The entire thesis is divided in seven chapters.

The first chapter explains the five year plan and various types of programs, policies that have been made and introduced by the Government for women and children. Annual reports have also been presented in the support of this chapter. Even on the national level it has been tried to improve the condition of women and children through these programs.

The Second chapter explains international law and programs framed by organizations like World Health Organization, United Nation Child’s Fund, United Nation Educational Social and Cultural Organization. These organizations create the awareness about the health, nutrition, breastfeeding, child development, and supplementary food education malnutrition, use of iodized salt, maternal mortality, child mortality and deficiency diseases. However the convention on the rights of the child is adopted by the general assembly of the United Nation on 20th November 1989.

The third chapter discusses the issues of the child growth, development and nutritional needs. During the discussion it was found that adequate food is the most important requisite for growth and insufficient food is the result of malnutrition adolescent girl’s growth, development, care, security, nutrition, education and her health checkups values have been also described

<sup>1</sup> The Thesis was submitted to Jamia Milia Islamia University, Delhi in 2011, for the award of Ph.D. Degree in 2012, under the supervision of Prof. Mehtab Manzar, Professor, Jamia Milia Islamia, The Department of Political Sciences, Maulana Mohammad Ali Jauhar Marg, Jamia Nagar, Delhi 110025, INDIA

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